

Your First Appointment Checklist for Foot Orthotics

What to do Before You Come

- ✓ Visit your health care professional and ask for a prescription
- ✓ Call your insurance company or funding agency and ask what coverage may be available for you
- ✓ Read our [Welcome To Package](#). Many questions are answered in this booklet, but if not, check out the [FAQs](#) on our website and/or visit the [Foot Orthotic Page](#)
- ✓ Download our [Patient Information Form](#) and fill out pages 1 and 2. If you wish to email us the information in advance, please send it to: info@advancedortho.ca
- ✓ Please visit our [Patients Page](#) for more information

Please note that you will need to use your back button in your browser to return to the checklist if you click on any of the links above.

What to Bring With You

- ✓ The prescription from your health professional
- ✓ Information from your insurance company or funding agency
- ✓ The Patient Information Form filled in, if you haven't emailed it to us
- ✓ Wear or bring the footwear (shoes, boots, sandals) that you want the foot orthotics to fit into Wear or bring socks that you normally wear (i.e. please don't wear thick thermal socks if you normally wear thin, cotton ones)

If you are not able to fill out the Patient Information Form in advance, kindly arrive 15 minutes before your scheduled appointment.

We look forward to being of service to you.