

Advanced Orthodynamics Inc.

235 Locke St. South, Suite 1, Hamilton, ON L8P 4B8

Phone : (905) 527-1225

Toll-free: 1-800-400-9203

Fax (905) 527-1745

Email info@advancedortho.ca

www.advancedortho.ca

Guidelines for your New Custom Dynamic Chest Compressor (DCC)

Your custom designed brace is constructed to realign your skeletal system to prevent or correct deformity and maintain optimal function. Because of this remodelling process, wearing your DCC may be uncomfortable at first.

The warranty period on DCC's is six months on parts and labour. The warranty is void if the device is altered by someone other than technicians in our facility. Appointments scheduled after the warranty period are subject to a charge. Please ask us for details.

Wearing In Schedule

It is important that you follow this wearing in schedule to obtain the maximum benefit possible.

1. The Dynamic Chest Compressor needs to be worn the number of hours a day specified by your Certified Orthotist.
2. Increase your wearing time so that this can be achieved within one to two weeks.
3. Monitor for skin pressure (i.e. red spots on the skin). If the pressure is too high, use a stop in the clasp one less than at present.
4. If the DCC is slipping, increase the pressure by using a higher stop in the clasp.
5. As the DCC becomes more comfortable to wear, increase the pressure incrementally by using a higher stop in the clasp.
6. The goal is to maintain moderate pressure; modification of the chest requires time rather than high pressure.

It is essential that the recommended breathing, strengthening and stretching exercises be done on a daily basis.

Brace/Skin Care

Cleaning:

1. Use rubbing alcohol to thoroughly clean the skin under the pads and the pads themselves. This should be done on a daily basis. The pads have been treated with a clinical grade fungicide to help prevent infection.
2. If the pads become dirty, use a light dishwashing liquid and gently wash the pads with a minimal amount of water. Air dry.

Your satisfaction is our primary objective. If you have any questions with regards to your orthotic management please feel free to contact us at the numbers above.

Our web site also provides information on our services and products.