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Ponseti® AFO Illustrated Instruction Card



Step 1

Open the orthosis so all of the leather fasteners are clear for inserting the foot. *Buckles should be placed to the inside of the foot.*



Step 2

Holding the lower leg, gently slide the foot into place until the heel is snug against the back and bottom of the orthosis.



Step 3

Pull tongue horizontally against the ankle and hold in place with your thumb. Be sure the hole in the tongue is set above the middle strap.



Step 4

Buckle the middle strap snugly over the horizontal tongue. Snugly buckle the ankle strap.



Step 5

Look through the heel opening at the back of the orthosis to ensure the heel is fully down and back. If not, readjust tongue and middle strap.



Step 6

Once upper straps are tight and heel is snugly in place, buckle the toe strap and retighten the other straps if needed. Clip shoe onto the bar.

Doc # MD-124 Rev. 1

FREQUENTLY ASKED QUESTIONS

What type of socks should be used?

Always use cotton socks that cover the foot everywhere the brace touches the baby's foot and leg. The baby's skin is usually sensitive after the last casting so you may want to use one pair of thicker cotton socks for the first day or so. Afterwards, thinner cotton socks can be used.

Do the buckles go to the inside of the foot or to the outside of the foot?

The Ponseti AFO / Mitchell Brace was designed with the buckles set to the inside of the foot. This design feature is to aid parents in the donning and doffing of the shoes.

I just received the shoes and they seem too big / too small. Can I exchange this pair for a different size? Listed below the Replacement/Returns Policy are instructions for the Exchange of Incorrect Size. Contact MD Orthopaedics toll-free at 877-766-7384 for further instructions and troubleshooting.

The patient's heel isn't down in the AFO. Is there something wrong?

Place the foot into the shoe, bend the child's knee and push down slightly to make sure the heel is seated and then press gently on the top of the foot (where the leg meets the foot) with your thumb, to make sure that the foot is all the way in, and tighten the middle strap first. The strap helps keep the heel firmly down into the shoe. (source: http://www.ponseti.info/clubfoot-and-the-ponseti-method/resources/bracing-tips.html)

REPLACEMENT / RETURNS POLICY

Our refund, replacement, and returns policy is consistent in maintaining the best product and highest service level for all of our customers. If the merchandise you received is defective or not as you ordered, please contact our customer service staff for quick resolution.

BROKEN PONSETI AFO

If a component of the Ponseti AFO breaks or becomes damaged through normal wear within six months of purchase, MD Orthopaedics will replace said item. If the AFO has been in use for more than 6 months, MD Orthopaedics requires that new measurements of the feet be taken to ensure that the current size is still appropriate for the child. If the current size is still appropriate, MD Orthopaedics will replace the broken AFO at no cost to the patient. If the child requires a new size, the patient will be invoiced for a new pair of shoes of the appropriate size.

BROKEN PONSETI BAR

If a component of the Ponseti Bar breaks or becomes damaged through normal wear within one year of purchase, MD Orthopaedics will replace said item. If the bar has been in use for more than one year, MD Orthopaedics requires that a new shoulder width measurement be taken to ensure that the current size is still appropriate for the child. If the current size is still appropriate, MD Orthopaedics will replace the broken bar at no cost to the patient. If the child requires a new size, the patient will be invoiced for a new bar of the appropriate size.

BROKEN DOBBS BAR

If a component of the Dobbs Bar breaks or becomes damaged through normal wear within one year of purchase, MD Orthopaedics will replace said item. If the bar has been in use longer than one year, the patient will be invoiced for a new bar. The broken bar must be returned for inspection.

EXCHANGE FOR INCORRECT SIZE

Please notify MD Orthopaedics within 7 days of receipt if the shoes are the incorrect size or fit. MD Orthopaedics will evaluate the measurements and, if needed, will send a new size under the agreement that the original shoes will be returned upon receipt of the replacements and the shoes will be in original, resalable condition. A return authorization number must be obtained from MD Orthopaedics to return the original items.

REFUND / RETURN

If you are dissatisfied with our product and request a refund, the guidelines below must be followed in order to receive credit:

- A return authorization number must be obtained from MD Orthopaedics to return the original items
- 2. Product must be in new, resalable, unmarked condition and in original packaging.
- 3. Merchandise must be returned within 30 days of invoice date.

Refunds will be merchandise value only, shipping charges will not be refunded.

This policy / warranty is non-transferable. This policy covers normal wear and tear only. Altering the product will void the warranty. Please contact us if you experience problems not outlined in this policy. Atypical matters will be handled on a case -by-case basis. Made in USA. Use only as indicated. Policy updated 4/6/2015. www.mdorthopaedics.com